



New Hampshire Track Officials Association

# Officiating High School Track & Field

# General Officiating Principles

## Promote “Athlete Centered” Philosophy

- Be Fair
- Be Objective
- Be Impartial
- Practice Preventive Officiating

# General Officiating Principles

## An Effective Official...

- Knows the rules
  - Review the rule(s) for the event(s) you will be officiating
- Is aware of the surroundings
  - Keep the competition area SAFE!
- Is consistent
  - During the meet and throughout the season
- Is impartial
  - Don't show favoritism
- Stays calm and composed
  - Never let them see you sweat
- Always wears the "official" NHTOA uniform (NHIAA sanctioned/NHTOA assigned meets only)
  - Yellow NHTOA shirt and khaki pants

# General Officiating Principles

## An Effective Official Is Prepared

- Hot Weather...
  - Sunscreen
  - Hat
  - Water/Cold Drink
- Cold Weather...
  - Jacket
  - Gloves
  - Hat
  - Water/Warm Drink





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# General Officiating Duties

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## Pre-Meet Duties

- Review rules before the meet—bring your Rule Book, Case Book, and Officials Manual
- Arrive early—1/2 hour to 1 hour before meet time
- Know the facility—do a “walk-around”; know where all the field events will be held
- Inspect ALL venues
  - Are they safe?—dry; free of debris
  - Do they have proper equipment?—pole vault and high jump pits and standards; discus cage
  - Do they have the proper markings?—familiarize yourself with the track lanes; exchange and acceleration zones; start and finish lines for all races; take-off boards for long and triple jumps
  - Are the throwing sectors marked properly?
    - 34.92° for shot and discus; 28.96° for javelin

# General Officiating Duties

## Pre-Meet Duties (continued)

- Meet with the coaches
- Confirm implements are legal and vaulters are using poles rated for their weight
- Review any concerns or special circumstances
- Remind of uniform rule
- Confirm your meet assignment with host coach and who/how many helpers you'll have

# General Officiating Duties

## During the Meet

- SAFETY FIRST
- Start event(s) on time—continue without unnecessary delays—keep the meet moving
- Check and double-check the results (field events)
- Close and secure venue upon completion of the event (field events)
- Remain until last event has concluded